



**ASK**

Adults  
Supporting  
Kids

### **ASK cu zeidah a si?**

Adults Supporting Kids (ASK) ti cu hngakchia le chungkhar hna himnak le thanchonak caah a himmi thil theihnak hmun, mah sang mipi bawmchan tu hna he pehtlainnak, cun nangmah nih na fa le, mi no hna le chungkhar kha zeitindah na bawmh KHAWH hna lai timi khuakhannak asi.

Hngakchia vialte nih him tein umnak, cun zohkhenhnak, an mah chungkhar ah, sahlawh rualchan, le mibu sin ah covo an ngei.

Hngakchia zohkhenh hi a har caan a tampi ko lai, cun kan nun caan chung ah, nu le pa hna le cawmkengtu hna nih thiltheihnak le bawmhnak zeimawzat herh caan a um kho men.

Zeimaw caan ahcun tuarkhawh lo tiang le a hartuk caan zong a um lai caah tuandeuh in thiltheihnak le bawmhnak nih hngakchia hna le chungkharhna himnak le thanchonak a that ter deuh khawh. Hi bantuk bawmhnak nih thil harhsatnak a can hlanah buaibainak kha a deihter khawh.

Chungkhar cio a dan bantuk in herhmi zong a dang. Zeimawcaan ahcun tonmi thil nih nu le pa, fale le sangkhat mi pi kar ah pehtlainnak a thawn ter.

Thinphannak, midang he pehtlainnak ngeihlonak, ritsi le zu dineinak, fa le ziaza a thlennak, ruahnak pialsualnak, lamcung khuasaknak, le pehtleihnak i thlennak hna nih chungkhar caah buaibainak le harsatnak a zualter khawh.

Bawmhnak caah ASK cu ok a si.

Cu caah, tuanah ASK law ASK lengmang. Nangmah zong na chungkhar zong nan biapi tuk.

### **ASK cu a ho caah dah asi?**

ASK cu hngakchia le asiloah chungkhar himnak le thanchonak kong lungre-theihnak a ngeimi upa hna caah a si.

ASK cu zeibantuk nunphun, mipun, nu he pa he, nu pa sinak, asiloah thiltikhawhnak ngei mi upa hna caah asi.

ASK nih Aboriginal le Torres Strait Islander minung hna a co hlan hna. ASK nih nangmah asiloah chungkhar rualchan hna hngakchia zohkhenhnak caah fakpiin rian nan tuannak le zeimaw caan ah bawmhnak le lamhruainak nan herh kho ti an theih pi hna.

ASK nih zeibantuk nung phung ngei mi nan si ah mipem, ralzam le upa asimi hna chungkhar le hngakchia hna himnak le thanchonak caah bawmhnak le theihhngalhnak a kawlmih poh cu kan co hlan hna.





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### **Zeidah ASK nih an tuah piak khawh lai?**

ASK nih upa hna caah theihngalhnak le nangmah sang i a um mi an bawm kho tu ding hna sin ah pehtlaihna an bawmh lai.

- Hngakchia cawmkeng tu nu le pa, chungkhar rualchan asiloah zohkhenh tu
- Hngakchia asiloah mino kong ah lungre theihna a ngeimi
- Ka him loh tiah na ruah
- Hngakchia a zohkhenh tu mi no pakhat na si maw.
- Fa a ngei ding mi
- Na ziaza le khuaruahnak kong ah na lungre a thei maw
- Inn, ti rawl, chawva bawmhna, midang he bia i ruah, asiloah na chungkhar khuakhannak le thanchonak lei bawmh chanhnak na herh maw.

### **Zeitindah hawlhlettu hna ka her ah teh?**

Mirang kha na thiammi hawlh asi lo ahcun National Translating and Interpreter Service (TIS National) kha 13 14 50 ah chawnh khawh asi. Mi zapi nih man pek a hau lomi a si.

Chun he zaan he zeitik poh ah na chawnh khawh. Hi ka ah zoh

<https://www.tisnational.gov.au/en/Non-English-speakers>

Auslan Interpreters caah (Deaf Can Do sinin) chawnhna cu (08) 08 8100 8200. Tlai Hnu Emergency Number 0417 233 369.

### **Nangmah asiloah midang kha thinphang dirhmun ah um ahcun, Zero Pathum (000) kha emergency bawmhna caah chawn.**

Ruahnak petu(Counsellor) he biaruah na duh ahcun **1800RESPECT (1800 737 732)** kha chawn asiloah [Hi ka ah online in biaruah hna](#). An mah cu zarh khat ah ni 7, nikhat nazi 24 rian an tuan i man pek an hau loh. A himmi telephone in interpreter an khan khawh, ze hawlh dah na duhmi kha hei theih ter lawng a herh.

Women's Safety Services SA Migrant Women's Support Program cu **8152 9260** ah zung riantuan caan ah na chawnh khawh hna. Mah hi riantuannak nih na dirhmun kong ah bawmhna le ruahnak cheuhnak an in pek khawh. Mi phun tampi le hawlh phun tampi a thiam mi riantu an ngei hna.

Inn chungkhar buainak le sikvuaknak ruang ah na then i umthainak nawl a ngeimi (permanent resident) na si lo cun na VISA kong le Australia i um khawhnak nawl kong ah legal konglam ne herh ahcun - The Legal Service Commission ah The Migration bu hna kha **8111 5539** ah na chawnh khawh hna.

